



FREE GRIEF SUPPORT GROUPS FOR FAMILIES

WHEN

Groups offered from September through May. Drop-Ins offered during summers and at other times.

WHERE

Groups or other services may be virtual via Zoom or in-person

SIGN UP!

Call our [Philly HopeLine](https://www.upliftphilly.org/Philly-Hope-Line) to enroll: **1-833-PHL-HOPE (1-833-745-4673)** Mondays-Thursdays 10 AM - 8 PM and Fridays 1 - 4 PM (Closed Weekends and Holidays). Translation service available.

THINGS TO KNOW

- **Groups meet weekly** for an hour for 5 weeks
- **Youth 14+ years old** do not require parental permission
- **Services are available to all**, regardless of immigration status. (Servicios para todos sin importar estatus migratorio)

GROUPS FOR CHILDREN IN GRADES K-12 AND THEIR CAREGIVERS

SCHOOL-BASED GROUPS

K-12th Grades during school hours for participating schools in Philadelphia

EVENING GROUPS

- Young Children grades K-2nd with their Caregivers
- Older Children grades 3rd-5th
- Younger Teens grades 6th-8th
- Older Teens grades 9th-12th
- Caregivers (adults only)

SPECIALTY SERVICES

- **Caregiver Lunchtime Drop-In**
30-60 minutes
- **Grupos en Español para Familias**
Groups In Spanish for Families
- **Queer & Trans Youths Grief & Loss Groups and Drop-Ins** for youth 14-18 years old in the LGBTQIA+ community

[Check our website for additional Drop-Ins and events throughout the year. Para Español, visite nuestra página web aquí.](https://www.upliftphilly.org)

www.UpliftPhilly.org

Main Office: **267-437-3123**

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